

Getting Started - Dyslexia

We understand how important this next step in your child's academic journey is. To help you make an informed decision, we've gathered some resources, guides, and expert tips that will support you every step of the way. Here are a few things to consider:



Understanding your legal requirements:

In the UK, parents have the legal right to homeschool their children (read further about this [here](#)). If your child is currently attending a school, you'll need to formally inform the school of your decision to homeschool. The school will inform the local authority. For children with Education, Health and Care Plans (EHCPs), the process may involve a few additional steps, and you may need to collaborate with the local authority to ensure that your child's needs continue to be met. If you do not live in the UK, please check your local laws on the legality of homeschooling in your country.



Assemble a team:

From the moment you decide to homeschool, it's useful to build a team of professionals who understand your child's learning profile. This may include:

- A dyslexia-knowledgeable tutor
- An educational psychologist
- A speech and language therapist or occupational therapist
- Former teachers or SEN specialists involved in your child's education

In cases of profound dyslexia, we may introduce Lisa Powell, a phonics and decoding specialist with years of experience supporting students with significant literacy challenges.

This team approach ensures a joined-up strategy where everyone is working toward shared goals - academically and emotionally.



Framing homeschooling with your child:

For children with dyslexia, school may have been a source of frustration or anxiety. Present homeschooling as a positive reset: a chance to learn in ways that suit them, explore their strengths, and move forward at their own pace. Involve your child in planning their timetable and goals. Let them know that with the right support, things will be different - and better.



A defined space for school:

Find a defined space for work. A well-organised, calm and distraction-free space can help children with dyslexia concentrate and feel more in control. This space should reflect your child's needs and preferences. Involving them in its design can help them feel ownership over their learning.

EVALUATE AND ADAPT

How We Can Support

Adapting programmes to the needs of our students is at the core of our
homeschooling methodology.

Here are some examples of how we work with our students:

1

One-to-one specialist tutoring

All students are matched with tutors experienced in teaching dyslexic learners. Tutors adapt lesson content and delivery to each student's needs, using evidence-based strategies to support reading, writing, and processing.

2

Back-to-foundations teaching:

Where needed, we revisit phonics, decoding, spelling and reading fluency. All foundational work is delivered in an age-appropriate way, so older students never feel they're being taught at a level that doesn't respect their maturity.

3

Collaboration with SEN professionals:

We regularly liaise with educational psychologists, speech and language therapists, and other SEN specialists to align approaches and ensure your child receives joined-up support.

4

Structured repetition and review:

Key concepts are revisited regularly to reinforce learning and support working memory. Lessons are paced to allow for overlearning and mastery, not just exposure.

5

Assistive technology:

We introduce students to tools like speech-to-text software, audiobooks, reading pens and laptops from day one (if they're comfortable). These help reduce barriers and build independence.

6

Flexible timetables and subject weighting:

We build timetables around your child's profile. If English is an area of difficulty, we may double the time allocated to it compared to other subjects or lengthen the timeline to sit examinations.

7

Access arrangements for exams:

We support families in securing exam accommodations such as extra time, a reader, a scribe, or use of a word processor and ensure students have time to practise using them in mock exams.

8

Alignment with EHCPs and reports:

Programmes are fully tailored to reflect recommendations in Educational Psychologist reports and EHCPs. We can also liaise with local authorities if required.

HELPFUL RESOURCES

Enjoy Insights

With over a decade of experience behind us, we have built an unrivalled network of experts in the SEN and mental health space. Head to the 'Enjoy Insights' section of our website for helpful articles.

Joined-Up Support:
Helping Families
Navigate Education
with a Multi-
Disciplinary Team

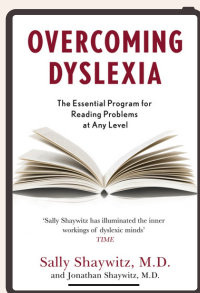
School Refusal and
Academic
Performance: What
Happens Next and
How to Turn Things
Around



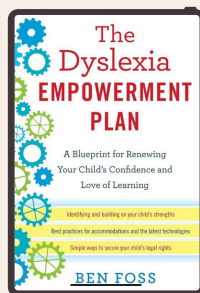
What's It Like to
Homeschool with
Enjoy Education?

How Personalised
GCSE Tuition Can
Help Students with
Exam Anxiety.

If you are interested in further reading about Dyslexia you might also want to explore:



Overcoming
Dyslexia -
Sally Shaywitz



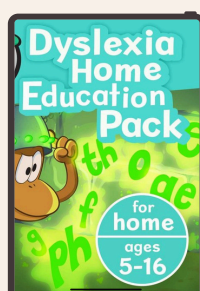
The Dyslexia
Empowerment Plan
- Ben Foss



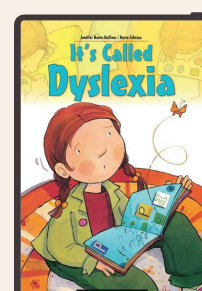
Made By Dyslexia
Website
madebydyslexia.org



The British Dyslexia
Association
www.bdadyslexia.org.uk



Nessy
Free Primary
Learning Resources
www.nessy.com

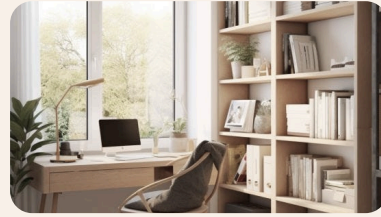
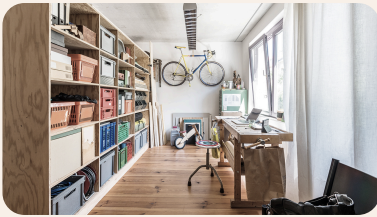


It's Called
Dyslexia -
Jennifer Moore-
Mallinos

WHAT YOU CAN DO

Creating the Space

A well-structured and thoughtfully designed learning environment can make all the difference for children with Dyslexia. Involving them in the creation of that space can be incredibly motivating and help embed the idea of homeschooling.



Natural Light

A room with ample natural light supports focus and reduces eye strain when reading. Aim for balanced lighting - avoid harsh glare or low light conditions that make reading uncomfortable.



Dedicated Workspace

Create a clear, consistent workspace that supports both collaboration (with a tutor) and independent study. A quiet corner with a large enough desk, good seating, and minimal clutter helps signal when it's "time to learn".



Dyslexia-Friendly Tools at Hand

Ensure tools like coloured overlays, reading pens, and tinted paper are easily accessible. Keeping these nearby makes it easier for students to use the tools that work best for them.



Display and Celebrate Work

Use display boards or shelves to showcase completed work, creative projects or goals achieved. This builds confidence and reinforces the idea that learning is something to be proud of - not something to hide.



Visual Timetables and Reminders

Many dyslexic learners benefit from visual structure. Use printed timetables with icons, colour-coded subject labels, or checklists to break down tasks and support sequencing.



Minimise Distractions

Choose a space that's away from noisy or high-traffic areas. Keep the learning area tidy and well-organised, with labelled drawers or boxes for subject materials. Less visual clutter = better focus.

WHAT YOU CAN DO

Supplies For Success

Assistive Technology



Speech to Text Software

Tools like Dragon NaturallySpeaking or built-in dictation on Word or Google Docs help students express ideas without being slowed down by spelling or handwriting.



Text to Speech Readers

Apps like NaturalReader, Immersive Reader or ClaroRead allow students to listen to written text - helping with comprehension and reducing reading fatigue.



Reading Pens

A scanning pen that reads printed text aloud - brilliant for independent learning and exams.



Noise-Reducing Headphones

Helpful for blocking out distractions during focused reading or writing.

Dyslexia-Friendly Materials



Coloured Overlays or Tinted Paper

Helps reduce visual stress and letter movement while reading.

This is an example of the Open Dyslexic Typeface

Dyslexia Friendly Fonts

i.e. OpenDyslexic or Lexie Readable
Used in printed materials and digital documents to improve readability.



Wide-ruled or raised-line paper

Makes handwriting tasks easier to manage and reduces frustration.



Colour-coded folders and notebooks

Helps students quickly find the right materials and reduce overwhelm.

Visual and Low-Stress Learning Aids



Visual timers and countdown clocks

Support time management during reading or writing tasks and break times.



Magnetic or whiteboard weekly planners

Great for keeping track of subjects, assignments and goals. Use colours or icons to support sequencing.



Handwriting grips or ergonomic pens

Improve writing stamina and reduce hand fatigue.



Post-it notes and highlighters

Encourage active reading and help students break texts into manageable chunks.

FAQS

We've Been Asked...

If you have any questions, please don't hesitate to contact us. With close to 20 years of experience fulfilling bespoke programmes, there are few scenarios we haven't encountered.

Q: How will you adapt lessons to meet my child's individual learning needs?

A: We will work closely with you, therapists, previous schools and family members to ensure we fully understand your child's needs. We read through any diagnostic reports, EP reports, EHCP reports, and school reports to build an in-depth picture. Our expert Education Consultants collaborate with our tutors, Director of Education, and Director of Studies to build a timetable, curriculum and subject plan for every child.

Q: How many tutors will my child work with?

A: We work with your family to determine the best number of tutors for your child. In some cases this starts with just the one tutor, and as your child's confidence builds we can introduce a more diverse tutor team. Typically students work with approximately 3-6 tutors per week by the time their programme is fully up and running.

Q: I am post school age (+18 years old), am I eligible for homeschooling?

A: Yes! Every year we work with students who couldn't complete their studies and want to come back to finish, or even start, their qualifications. We will assess your current level and build a personalised timeline for you.

Q: Can my child sit exams at home?

A: Absolutely. We support students through iGCSEs, GCSEs, Functional Skills and more. We also guide families through choosing the right board, exam format and timeline. Families don't have to worry about registering with exam centres – we take care of all the administration and organisation.

Q: My child has been out of school. Can they homeschool?

A: Yes. We are committed to supporting any student to kick start their learning journey again. It is likely we will start your child's programme slowly with a couple of subjects and build from there.

Q: Do you provide support for students with an EHCP?

A: Yes we do, where your EHCP stipulates that tuition is part of your personalised plan. We can either coordinate with your family as the main point of contact or your local council to understand the scope and requirements of your EHCP.

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