

HOMESCHOOLING WITH ENJOY

# Getting Started - Dysgraphia

We understand how important this next step in your child's academic journey is. To help you make an informed decision, we've gathered some resources, guides, and expert tips that will support you every step of the way. Here are a few things to consider:



## Understanding your legal requirements:

In the UK, parents have the legal right to homeschool their children (read further about this [here](#)). If your child is currently attending a school, you'll need to formally inform the school of your decision to homeschool. The school will inform the local authority. For children with Education, Health and Care Plans (EHCPs), the process may involve a few additional steps, and you may need to collaborate with the local authority to ensure that your child's needs continue to be met. If you do not live in the UK, please check your local laws on the legality of homeschooling in your country.



## Assemble a team:

Assemble a team from the moment you receive a diagnosis. Having your psychologist, therapist, tutors and school personnel all in communication will save time and energy and reduce stress, helping each individual build a full picture of your child. Teenagers, for example, might share more with a counsellor than a parent – building a strong and well connected team can make sure your child is always receiving the right support for them.



## Which subjects? How many tutors? What curriculum?

We will collaborate with your family to help you make these decisions. We have built hundreds of bespoke homeschooling programmes and always ensure the timetable, subject choices, number of tutors and curriculum is right for your child. The sky is the limit when it comes to the subjects you can choose. We have students studying photography, Japanese, astronomy, python coding and more.



## Framing homeschooling with your child:

When it comes to explaining the decision to homeschool to your child, the key is to encourage them to ask as many questions as they have and involve them in the creation process. Focus on the positives (flexibility, learning about their interests, taking regular breaks) and ensure you reassure them about all the ways they will be able to continue to see their school friends.



## A defined space for school:

Find a defined space for work that feels safe and designed to their needs. We've included some resource suggestions later in this guide to help you with this.

EVALUATE AND ADAPT

# *How We Can Support*

Adapting programmes to the needs of our students is at the core of our  
homeschooling methodology.

Here are some examples of how we work with our students:

1

**Flexible Lesson Formats:**

Some students find extended writing exhausting. Tutors may structure lessons around discussion, visual planning, or short written tasks broken into manageable stages.

2

**Structured Writing Support:**

Rather than expecting long written responses immediately, tutors introduce frameworks such as: mind maps, bullet point planning, sentence starters and writing templates. These tools help students organise their thinking before writing.

3

**Assistive Technology:**

Technology can transform learning for students with dysgraphia. Tools such as speech-to-text software, typing programmes and digital organisers allow students to express ideas freely without the barrier of handwriting.

4

**Customisable curriculum:**

For some students, writing challenges have overshadowed their true academic ability. Homeschooling allows us to emphasise verbal reasoning, creativity and analytical thinking, while gradually strengthening written communication.

5

**New ways to demonstrate understanding:**

Students may demonstrate learning through verbal explanations, recorded presentations, visual diagrams or digital projects. This ensures that assessment reflects what the student knows, rather than how quickly they can write.

6

**Confidence building:**

Many students with dysgraphia feel defined by what they struggle with. Through carefully structured lessons and achievable goals, we help rebuild confidence so students begin to see themselves as capable learners again.

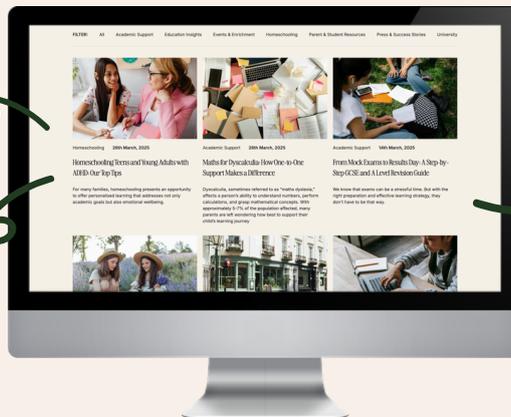
# HELPFUL RESOURCES

## *Enjoy Insights*

With over a decade of experience behind us, we have built an unrivalled network of experts in the SEN and mental health space. Head to the 'Enjoy Insights' section of our website for helpful articles.

Homeschooling: A Brief History, Its Benefits, and How to Get Started

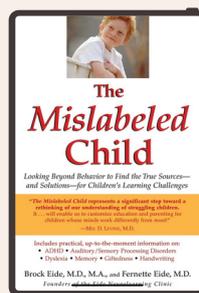
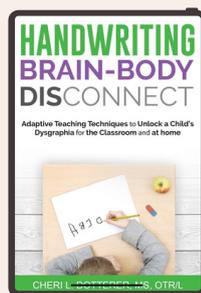
Joined-Up Support: Helping Families Navigate Education with a Multi-Disciplinary Team



Types of Homeschooling and Alternative Education in the UK: What Are Your Options?

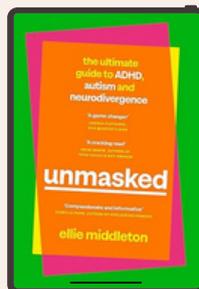
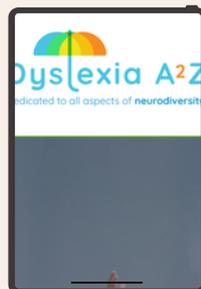
If you would like to explore dysgraphia further, you might find the following resources helpful.

Handwriting Brain-Body Disconnect  
Cheri L Dotterer



The Mislabeled Child: Looking Beyond Behavior to Find the True Sources and Solutions for Children's Learning Challenges  
Brock & Fernet Eide

Dyslexia A2Z (includes information on dysgraphia)  
Maria Chivers



UNMASKED: The Ultimate Guide to ADHD, Autism and Neurodivergence  
Ellie Middleton

WHAT YOU CAN DO

# *Creating the Space*

A well-structured and thoughtfully designed learning environment can make all the difference for children with dysgraphia. Involving them in the creation of that space can be incredibly motivating and help embed the idea of homeschooling.



## Natural Light

A room with ample natural light fosters a positive and productive atmosphere. Aim for a balance – enough light to brighten the space without causing glare or distractions.



## Adequate Workspace

Ensure the desk has enough space for writing tools, devices and planning materials such as whiteboards or notebooks.



## Organised Storage & Display Areas

Invest in quality shelving and storage solutions for organised homeschooling materials. Displaying your child's work on boards, shelves, or canvases can boost their sense of achievement.



## Comfortable Seating

Students who struggle with handwriting may spend longer completing written work. A comfortable chair and desk height are important.



## Minimise Distraction

A quiet, distraction-free space is crucial for effective learning. Choose a room away from household noise and digital distractions. If a dedicated room isn't available, establish clear boundaries to minimise interruptions during study time.



## Space for Project Work

Some subjects, like art and science, require additional space for projects. Designate an area where these activities can take place, and communicate this with your tutor to aid in lesson planning.

WHAT YOU CAN DO

# Supplies For Success

by Dominic, Director of Education at Enjoy

## Writing Supports



**Pencil grips** can improve hand positioning and control, helping students hold writing tools more comfortably and reducing hand fatigue during longer writing tasks.



### **Wider ruled or handwriting guide paper:**

Paper with larger spacing or handwriting guides can help students organise letters more clearly, improving spacing, alignment and overall legibility.



### **Slant boards or angled writing surfaces**

Writing on a slight angle can improve wrist positioning and posture, making handwriting feel more natural and reducing strain on the hand and arm.



### **Ergonomic or weighted pens:**

Specially designed pens with thicker barrels or added weight can give students more stability and control while writing.

## Organisation Tools



### **Colour coded folders or binders**

Using different colours for each subject can make materials easier to find and reduce the cognitive load of organising schoolwork.



### **Visual planners or wall calendars**

Seeing assignments, deadlines and lessons laid out visually can help students plan ahead and reduce anxiety about forgetting tasks.



### **Whiteboards for planning ideas**

Whiteboards allow students to brainstorm ideas freely, erase easily and organise their thoughts before starting written work.



### **Visual timers**

Timers that visually show the passage of time can help students focus on short bursts of work and break larger tasks into manageable chunks.

## Assistive Technology



### **Speech to text tools**

Tools such as Google Docs voice typing allow students to dictate their ideas instead of writing them.



### **Coggle is a mind mapping program**

that works on both the computer or tablet and helps students organise ideas visually before turning them into written responses.



### **Typing programmes**

Learning to type can provide students with an alternative to handwriting and allow them to complete longer assignments more comfortably.



### **Dictation or recording apps**

Recording ideas verbally can help students capture their thinking quickly and return later to structure their responses more clearly.

## FAQS

# *We've Been Asked...*

If you have any questions, please don't hesitate to contact us. With close to 20 years of experience fulfilling bespoke programmes, there are few scenarios we haven't encountered.

**Q: How will you adapt lessons to meet my child's individual learning needs?**

*A: We will work closely with you, therapists, previous schools and family members to ensure we fully understand your child's needs. We read through any diagnostic reports, EP reports, EHCP reports, and school reports to build an in-depth picture. Our expert Education Consultants collaborate with our tutors, Director of Education, and Director of Studies to build a timetable, curriculum and subject plan for every child.*

**Q: How many tutors will my child work with?**

*A: We work with your family to determine the best number of tutors for your child. In some cases this starts with just the one tutor, and as your child's confidence builds we can introduce a more diverse tutor team. Typically students work with approximately 3-6 tutors per week by the time their programme is fully up and running.*

**Q: I am post school age (+18 years old), am I eligible for homeschooling?**

*A: Yes! Every year we work with students who couldn't complete their studies and want to come back to finish, or even start, their qualifications. We will assess your current level and build a personalised timeline for you.*

**Q: Can my child sit exams at home?**

*A: Enjoy students can take their IGCSE exams online, from home or another nominated location that meets the necessary requirements. Families don't have to worry about registering with exam centres – we take care of all the administration and organisation.*

**Q: My child has been out of school. Can they homeschool?**

*A: Yes. We are committed to supporting any student to kick start their learning journey again. It is likely we will start your child's programme slowly with a couple of subjects and build from there.*

**Q: Do you provide support for students with an EHCP?**

*A: Yes we do, where your EHCP stipulates that tuition is part of your personalised plan. We can either coordinate with your family as the main point of contact or your local council to understand the scope and requirements of your EHCP.*

***EnjoyEducation***

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